



# Nurture A.R.T. Self Adolescent Mental Health And Art Therapy Conference

2016

## Conference Rundown 28 & 29 October 2016

### Day 1: 28 October 2016

#### Keynote speech

**Art Therapy in a Changing World: New Developments in Research and Practice**

**Dr. Neil Springham (UK)**  
*Consultant Art Therapist*  
*UK National Health Service*

**Creative, Playful and Art Therapy for Adolescent Mental Health and Well-Being**

**Prof. Ming Fu WU (Taiwan)**  
*Associate Professor*  
*University of Taipei*

#### Plenary Sessions:

##### *Presentation 1*

**Fostering Emotional Wellbeing: Treating Emotional Problems of Children and Youth with Art in the Framework of the Expressive Therapies Continuum**

**Pro Joshua Kin Man NAN**  
*Assistant Professor*  
*Hong Kong University*  
*Registered Art Therapist (USA)*

##### *Presentation 2*

**Adolescent Depression and Art Therapy**

**Ms. Ivy Yim Fun FUNG**  
*Registered Art Therapist (UK)*

##### *Presentation 3*

**Image Writing: The Inner World of Child Victims of Family Violence**

**Prof. Sophia Suk Mun LAW**  
*Associate Professor*  
*Lingnan University*

**Ms. Sarah Ming Mun TONG**  
*President*  
*Hong Kong Association of Art Therapists*  
*Registered Art Therapist (CA)*



Day 2 : 29 October 2016

Three Concurrent Experiential Workshops:

*Creative Journey*

*Reflection on Community Art Work*

Hong Kong Association of Art Therapists

**Mr. William Hing Chung CHOW**

*Qualified Art Therapist, UK*

**Ms. Grace Wing Yee CHAN**

*Registered Art Therapist, USA*

**Ms. Kit Ping WONG**

*Qualified Art Therapist, Australia*

**Ms. Bianca Ling Cheun LEE**

*Registered Art Therapist, USA*

**Ms. Mimi Mei Chi TUNG**

*Art Therapist, ANZATA Registered, USA Qualified*

**Ms. Wendy KOU**

*Registered Art Therapist, USA*

Parallel Workshops

**(A1): Art Therapy in Treating Childhood Sexual Abused Clients to Bridge the “Wall of Fear”**

**Ms. May Siu Mei CHAN**

*Registered Art Psychotherapist (UK)*

*The Boys' & Girls' Clubs Association of Hong Kong*

**(A2): Using Strengths Based Art Facilitation to Open the Window into the Adolescent’s Internal World**

**Ms. Petsy Sin Yee CHOW**

*Centre In Charge, CFSC*

**(B1): Therapeutic Empathy in Art Therapy: A Pathway towards Healing and Wholeness for Adolescent Females who Self-injure**

**Ms. Julia BYRNE**

*Registered Expressive Arts Therapist (USA)*

**(B2): Art Therapy and Body Image**

**Ms. Hoi Lam TANG**

*Registered Art Therapist (USA)*

**(C1): Creative Arts for Patients at E.A.S.Y.**

**Art In Hospital**

**(C2): Using Art Therapy on Strengthening Attachment and Family Resilience between Cancer Patients and Their Children in Treatment Stage**

**Ms. Tristan Nga Chee CHAN**

*Registered Art Psychotherapist (UK)*

*Cancer Fund*