

# Nurture A.R.T. Self Adolescent Mental Health And Art Therapy Conference

青少年心理健康與藝術治療國際會議

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For Helping Professionals  
Oct 26th -31st 2016

**EARLY BIRD:**  
**Extend to 1/10/2016**

**Art Therapy for Adolescent:**  
**Promote autonomy, build resilience and explore true self.**  
**What is  for you?**

**Conference Date** Oct 28-29th 2016

**Time** 9:00AM-5:30PM

**Venue** CFSC's Headquarter Building, Hall (1/F) & Rm 201, 204-205 (2/F)  
3 Tsui Ping Road, Kwun Tong, Kowloon

**Target** Helping professionals (Nurses/Social workers/Teachers/ Youth workers,etc.)  
**Fee** \$2500 (Early Bird before 1/10/2016 & \$3000 (After 1/10/2016)

#### Keynote Speech & Plenary Session Topics

- Art Therapy in a Changing World: New Developments in Research and Practice
- Creative, Playful and Art Therapy for Adolescent Mental Health and Well-Being
- Fostering Emotional Wellbeing: Treating Emotional Problems of Children and Youth with Art in the Framework of the Expressive Therapies Continuum
- Adolescent Depression and Art Therapy
- Image Writing: The Inner World of Child Victims of Family Violence

#### Experiential Workshop & Parallel Workshop Topics

- Creative Journey
- Reflection on Community Art Work
- Art Therapy in Treating Childhood Sexual Abused Clients to Bridge the "Wall of Fear"
- Using Strengths Based Art Facilitation to Open the Window into the Adolescent's Internal World
- Using Art Therapy on Strengthening Attachment and Family Resilience between Cancer Patients and Their Children in Treatment Stage.
- Art Therapy and Body Image
- Creative Arts for Patients at E.A.S.Y.
- Therapeutic Empathy in Art Therapy: A Pathway towards Healing and Wholeness for Adolescent Females who Self-injure

#### Keynote Speech Speakers

Dr. Neil Springham (UK)  
Prof. Ming Fu WU (Taiwan)

#### Pre-Conference Workshop

Date: Oct 26- 27th 2016

Time: 10:00AM-5:30PM

Speaker: Dr. Neil Springham (UK)

Topic: Mentalization Based Treatment (Level one)

Fee: \$4000 Quota: 30

\* Certificate: Mentalization Level 1 training, accredited by BAAT  
(Recognised CPD training course for HCPC registered art therapist)

#### Post-Conference Workshop

Date: Oct 30th -31st 2016

Time: 10:00AM-5:30PM

Speaker: Prof. Ming Fu Wu (Taiwan)

Topic: Working with Adolescents: Exploring Metaphors in Existential Art Therapy

Fee: \$3000 Quota: 30

\* Certificate: Attendance of certificate will be issued

#### Enquiries:

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